



Unit of work
Daring to be Different

Year group
1

Prior learning

Children will have explored what makes them special and identified similarities and differences between them and their friends.

National Curriculum

- Identity and self esteem
- Difference and diversity
- Peer influence and assertiveness

Knowledge/ Skills

- Children will be able to explain their likes and dislikes.
- Children will be able to explain how and why they are proud and recognise when others are proud.
- Children can identify and explain how they are special.
- Children can explain when they are feeling worried or anxious and why.
- Children can identify strategies to use that will help them to keep calm and relax.
- Children can explain when it is an appropriate time to stand up for themselves.

Vocabulary and definitions

Word	Definition
Like	to enjoy or approve of something
Dislike	to not like someone or something
Similarities	the fact that people or things look or are the same
Differences	the way in which two or more things which you are comparing are not the same
Unique	being the only existing one of its type or, more generally, unusual, or special in some way
Proud	feeling pleasure and satisfaction because you or people connected with you have done or got something good
Special	not ordinary or usual

Significant people/days

International Women's Day- 8th March