



Unit of work
RSE - Puberty, Relationships and Reproduction

Year group
6

Prior learning

- Recap some of the vocab from previous year: moods, menstruation, emotional and physical changes, sexual feelings, facial hair and sweat

National Curriculum

- RSE
- Differences, growing up
- Puberty & reproduction
- Managing change
- Preparing for transition

Knowledge/ Skills

- To be able to describe why the body changes during puberty in preparation for reproduction.
- To talk about puberty and reproduction with confidence.
- To explain the differences between healthy and unhealthy relationships.
- To know that communication and permission seeking are important.
- To be able to describe decisions that have to be made before having children,
- To know some basic facts about conception and pregnancy.
- To explore and understand positive and negative ways of communicating in a relationship.
- To know how and where to get support if an online relationship goes wrong.
- To know different ways some people might start a family.

Vocabulary and definitions

Word	Definition
fertilization	the action or process of fertilizing an egg or a female animal or plant
pregnancy	the condition or period of being pregnant
pregnant	A woman having a child developing in the uterus
Sexual intercourse	The fusing of gametes?
consent	Permission for something to happen or agreement to do something
intimacy	Close familiarity or friendship
communication	The imparting or exchanging of information by speaking, writing, or using some other medium.
womb	the organ in the lower body of a woman where offspring are conceived.

Pictures/ timelines/ map/ diagrams

