



Unit of work:
How do Sikhs worship?

Year group:
6

Prior learning:

- Sikhs believe that there is one God
- Sikhs believe in a cycle of birth, life, and rebirth
- Guru Nanak was the founder of Sikhism and is the first of the ten Sikh Gurus.
- A Gurdwara is the place where Sikhs come together for worship.
- Guru Granth Sahib is the holy book of Sikhism.
- The 5Ks, are five items that Guru Gobind Singh commanded Khalsa Sikhs to wear at all times. They are: **Kesh** (uncut hair), **Kangha** (a wooden comb for the hair), **Kara** (an iron bracelet), **Kachera** (100% cotton tieable undergarment) and **Kirpan** (an iron dagger large enough to defend oneself).

RE Skills to develop

- I can describe and make connections between different features of the religions and world views we have studied. I can talk about celebrations, worship, pilgrimages and rituals which mark important points in life and reflect on ideas.
- I understand the challenges of commitment to a community suggesting why belonging to a community may be valuable both in the diverse communities being studied and in my own life.
- I can discuss my own and other’s spiritual experiences and find connections between communities.
- I can discuss issues about community cohesion and demonstrate understanding of different views.

Knowledge/skills

What is the Gurdwara?

A Gurdwara is the place where Sikhs come together for congregational worship.

The first Gurdwara in the world was built by Guru Nanak in 1521-2 at Kartarpur.

There are about 200 Gurdwaras in Britain. The literal meaning of the Punjabi word Gurdwara is 'the residence of the Guru', or 'the door that leads to the Guru'.

What is the Khanda?

The khanda is the symbol of the Sikh faith that attained its current form around the first decade of the 20th century. It is an amalgam of three symbols: A double-edged khanda in the center. A chakkar, two single-edged swords, or kirpan, crossed at the bottom, which sit on either side of the khanda and chakkar.

Vocabulary and definitions

Word	Definition
5 Fingers	Sikhism, Sikh, Guru Granth Sahib, Punjabi, Gurmukhi, Gurdwara
Gurdwara	A Sikh place of worship/ holy building.
Guru	A Hindu spiritual teacher.
Guru Granth Sahib	The Guru Granth Sahib, also called Adi Granth, is the holy book of the religion Sikhism.
Khanda	The symbol or emblem of Sikhism is known as the Khanda. It is made up of – a double edged sword. This represents the belief in one God.
Punjabi	Belonging or relating to the Punjab region of India or Pakistan, it’s people or it’s language. Punjabi is the language spoken in the Punjab.
Gurmukhi	The script used to write the sayings of the Gurus and used to write the Punjabi language.
Langar	Free community kitchen in the Gurdwara for all visitors.
Pilgrimage	A journey to a special place that has religious or spiritual significance.
Rituals	A religious or solemn ceremony consisting of a series of actions performed according to a prescribed order.
Golden Temple	The holiest shrine of Sikhs also called the Harimandir. It is situated in the Punjab state.

Artefacts and symbols



The Golden Temple



Gurdwara



Khanda