



Eaton Primary School
PHSE / RSE / *No Outsiders*
 Whole School Overview

	Families and relationships	Citizenship	Health and wellbeing	Safety and the changing body
EYFS	Families Sharing with others	Some places are special to members of the community. Beliefs of other people	Personal hygiene overall health and wellbeing	Being a safe pedestrian Safely using tools
	No Outsiders: Hello, Hello – Brendan Wenzel Blue Chameleon – Emily Gravett	No Outsiders: The Family Book – Todd Parr Red rockets and Rainbow Jelly – Sue Heap and Nick Sharratt	No Outsiders: You choose – Nick Sharratt and Pippa Goodheart	No Outsiders: Everybody's Welcome – Patricia Hegarty

	Autumn: relationships			Spring: Living in the wider world			Summer: Health and wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging in a community	Media literacy and digital resilience	Money and work	Physical health and mental wellbeing	Growing and changing	Keeping safe
Year 1	Roles of different people; families feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
	No Outsiders: Erol's Garden – Gillian Hibbs Elmer – David McKee			No Outsiders: My World, Your World – Melanie Walsh Going to the Volcano – Amy Stanton			No Outsiders: 10 Little Pirates – Mike Brownlow and Simon Rivarty Hair, it's a Family Affair – Mylo Freeman		
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
	No Outsiders: Super Duper You – Sophy Henn Amazing – Steve Anthony			No Outsiders: How to be a lion – Ed Vere The Great Big Book of Families – Mary Hoffman and Ros Asquith			No Outsiders: What the Jackdaw Saw – Julia Donaldson and Nick Sharratt All Are Welcome – Alexandra Penfold and Suzanne Kaufman		

Year 3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
	No Outsiders: Beegu – Alexis Deacon The Hueys in the New Jumper – Oliver Jeffers			No Outsiders: Planet Omar: Accidental Trouble Magnet – Zanib Mian The Truth About Old People – Elina Ellis			No Outsiders: This is Our House – Michael Rosen We're all Wonders – RJ Palacio		
Year 4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
	No Outsiders: Red: A Crayon's Story – Michael Hall Alfred and Albert – Morag Hood			No Outsiders: Along Came a Different – Tom Mclaughlin Julian is a Mermaid – Jessica Love			No Outsiders: Dogs Don't Do Ballet – Anna Kemp & Sarah Oglivie When sadness comes to call – Eva Eland		
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM
	No Outsiders: How to Heal a Broken Wing – Bob Graham Rose Blanche – Ian McEwan and Roberto Innocenti			No Outsiders: The Girls – Lauren Lee and Jenny Lovlie And Tango Makes Three – Justin Richardson and Peter Parnell			No Outsiders: Mixed – Arree Chung Kenny Lives with Erica and Martina – Olly Pike		
Year 6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
	No Outsiders: Introducing Teddy – Jessica Walton and Dougal MacPherson Leaf – Sandra Diekmann			No Outsiders: A Day in the Life of Marlon Bundo – Marlon Bundo and Jill Twiss King of the Sky – Nicola Davis			No Outsiders: The Island – Armin Greder The Only War is Badger – Stella J Jones and Carmen Saldana		