



Unit of work
Dear Diary

Year group
1

Prior learning

Children can identify members of the community who are able to help them.
Children can talk about their feelings.

National Curriculum

- Comfortable and uncomfortable feelings
- Problems in relationships
- Anti-bullying
- Help and support

Knowledge/ Skills

- Children can recognise members of the community who are there to help them.
- Children can explain occasions that have happened to them when they have needed help.
- Children can explain how they feel loved and cared for.
- Children can give definitions for proud and jealous and give examples of when they may feel like this.
- Children can deal with their own feelings without hurting others.
- Children can talk about their feelings and worries.
- Children can support their friends with their worries.

Vocabulary and definitions

| Word | Definition |
|---------------|---|
| Secure | to feel protected from danger or risk |
| Safe | not in danger or likely to be harmed |
| Jealous | unhappy and angry because someone has something that you want |
| Uncomfortable | causing or feeling unease |
| Emotions | a feeling which can be caused by the situation that you are in or the people you are with. |
| Lonely | unhappy because you are not with other people |
| Include | to contain something as a part of something else, or to make something part of something else |
| Exclude | to deny (someone) access to a place, group, or privilege |

Significant people/days

Local PCSO
Fire officers
Nurses and Doctors

Emergency Services Day- 9th September

Pictures/ timelines/ map/ diagrams

