



Unit of work  
Dear Diary

Year group  
5

### Prior learning

Children can take responsibility for their actions and can make amends when they have done something wrong.

### National Curriculum

- Comfortable and uncomfortable feelings
- Problems in relationships
- Anti-bullying
- Help and support

### Knowledge/ Skills

- Children know about the facilities that exist in my local area and nationally for young people.
- Children are aware of the CEOP 'Report Abuse' website.
- Children understand how it feels to be embarrassed and can help others when they feel embarrassed.
- Children understand the impact of putting others down.
- Children understand the importance of forgiveness and know how to forgive others.
- Children can support their friends if they have a worry and know how to help them.

### Vocabulary and definitions

| Word            | Definition   |
|-----------------|--|
| Confidentiality | the fact of private information being kept secret  |
| Support         | to agree with and give encouragement to someone or something because you want him, her, or it to succeed   |
| Humiliate       | to make someone feel ashamed or lose respect for himself or herself  |
| Sarcasm         | the use of remarks that clearly mean the opposite of what they say, made in order to hurt someone's feelings or to criticise something in a humorous way |
| Self-esteem     | belief and confidence in your own ability and value  |
| Compliment      | a remark that expresses approval, admiration, or respect   |
| Empathy         | the ability to understand and share the feelings of another  |
| Resentment      | a feeling of anger because you have been forced to accept something that you do not like   |

### Significant people/days/organisations

<https://www.ceop.police.uk/ceop-reporting/>