



Unit of work
RSE- Growing and Caring for Ourselves

Year group
1

Prior learning

Children know that they have friends who are similar or different to themselves.
Children can explain who is in their family.

National Curriculum

Key Stage 1 Science
to identify, name, draw and label the basic parts of the human body

Knowledge/ Skills

- Children know that they can be friends with people who are different to us.
- Children understand that babies need care and support.
- Children know that older children can do more by themselves.
- Children know that there are different types of families.
- Children know people they can ask for help.

Vocabulary and definitions

Word	Definition
Friends	a person who you know well and who you like a lot, but who is usually not a member of your family
Feelings	a physical or emotional experience or awareness
Similar	looking or being almost, but not exactly, the same
Different	not the same
Family	a group of people who are related to each other
Boy	a male child
Girl	a female child

Pictures/ timelines/ map/ diagrams

